



# Private Group Sound Healings

Private group sound healing sessions are designed within a specific intention for your group.

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# In-Studio Private Sessions

Based on availability

## **The Wellbeing Spot Rockingham 1/31 Council Avenue (cnr or Goddard St)**

This space is available on Sunday and Tuesday evenings.

As this is a hired venue where weekly public sessions are held, a minimum of two weeks' notice is required to secure your private booking. This allows the space to be reserved exclusively for your group and ensures no other sessions are scheduled during that time.

If you wish to discuss a Saturday, please reach out



# In-Studio & Private Venue

(The Wellbeing Spot)

All private group sound healing sessions are **60 minutes** in duration.

You may choose to extend your session by an additional **30 minutes** for an investment of \$60.



## Investment

2 people (intimate booking): \$160

Small Group (maximum 4 people)

*Minimum investment: \$260*

Medium Group (maximum 10 people)

*Minimum investment: \$325*

Large Group (11–15 people)

*Minimum investment: \$715*

*Private sessions are valued at \$65 per person, with group discounts available for larger bookings.*

Receive **15% off** for larger group bookings with over 10 attendees.  
Discount applied to total investment

If you book and decide to add an extra person or more.  
An extra +\$25 per person is applied to your booking.



# Remote -

# Sacred Haven comes to you

Enjoy a private sound healing experience in the comfort of your own home, workplace, or chosen space. Please ensure there is ample space for all participants and the sound healing setup.

## **Availability**

Preferred days: **Monday, Wednesday, Tuesday evenings, Sunday (day or evening)**, and **occasional Saturdays**.

A minimum of **2 weeks' notice** is required to organise your booking and accommodate existing public sessions if needed.

## **Travel Fees Apply:**

Rockingham & surrounding suburbs  
(Safety Bay, Waikiki, Warnbro, Port Kennedy, Secret Harbour) – no additional fee.

Mandurah & surrounding areas – \$60  
Outside local area – quoted upon enquiry

50% non-refundable deposit required to secure booking.



# Important Notes

**Please bring** your own yoga mat, pillows, and blankets to ensure you are comfortable throughout the session.

You're welcome to bring anything else that supports your experience, such as an eye mask, crystals, essential oils, or a journal if you enjoy reflecting or writing.

At the beginning of your session, you will be offered a gentle essential oil application to support deeper grounding and relaxation.

## **Cancellation & Refund Policy**

A **50% non-refundable deposit** is required to secure your booking.

Cancellations made **7 days or more prior** to your scheduled session may receive a refund of any amount paid **excluding the deposit**, or the option to **reschedule once**.

Cancellations made **within 7 days** of the session are **non-refundable**.

For group bookings, the session is reserved for the group as a whole. If individuals are unable to attend, **no partial refunds will be issued**.



# Our Journey Together

- You will be guided into a deep grounding meditation tailored to your needs energetically as a group.
- Intuitive sound frequencies through universal vibrational sound to support nervous system rebalance, regulation and connection to self, remembering our true soul radiance.
- Intuitive energy healing throughout the session recalibrating any blocked or stagnant energy or emotions you may be holding onto.
- A deeply held and personalised sacred container where you are supported, safe to be seen, heard and felt without any judgement or comparison.
- Essential oils to support deep relaxation and connection to our senses bringing us into the present moment.
- Optional journalling with gentle, guided intention prompts
- To close the energetic field, we will close in intergration, oracle card guidance and sharing with one another with love, care and abundance.



# Why sound healing?

- Deep relaxation
- Nervous system reset
- Emotional release
- Grounding & clarity
- Reconnect with self
- A higher awareness
- Soul remembrance

Every person experiences sound in their own unique way. Our bodies, emotions, and life experiences all shape how we receive and respond. There is no right or wrong way to feel during a session - only your way.

You may feel relaxed, emotional, energised, reflective or simply peaceful.

Your body will take what it needs.

Frequency healing gently invites the body and mind into a slower rhythm. In a world that often feels fast and overwhelming, this space allows you to pause, soften and simply be. The vibrations move through the body, gently communicating with your nervous system and energy field in a way that goes beyond words. Unlocking what has been held stagnant and restoring natural flow.

